



Sandpiper News March 2025

Happy Birthday March

LTC

Genevieve Assi - March 9
Marlene Aube- March 15
Marion Feren -March 9

Retirement

Barbara St. Jean - March 11
Jacqueline Menard- March 14
Doreena Brisson- March 16(101st)
Edna Dickson- March 25 (100th)



Highlights for March



March 4- Shrove Tuesday
and PJ Day!
March 5 -Residents Council
Meeting
March 6- Roadhouse Dancers
March 9- Daylight Savings
Time begins
March 10- Shopping (Ret)
March 11- Sunshine Choir
March 12- Celebration!
March 13- Entertainment with
The Ultra Classics
March 14-Entertainment with
Lucien
March 17- St. Patrick's Day
Fun
March 18-Lunch In (LTC)

March 18- Entertainment
with Norm & Diane
March 19 Lunch In (RET)
March 20 Spring Begins
March 22- Birthday Party with
Lucien
March 25- Maple Syrup and
Johnny Cake
March - 25 Shopping (Ret)
March 25 -Celebration
March 26- Entertainment with
the Cornwall City Cloggers

**WELCOME
NEW
RESIDENTS!**

LTC

* Paulette Lamothe * Theresa Belanger
*Andre Paul Bourdon *Bronc Sebalj

AROUND SANDFIELD

PINK SHIRT DAY



NOTES FROM THE ADMINISTRATOR....

Spring is in the air and this is my favorite time of year when things are new and fresh. I love to see the first bulbs poke their curious heads through the flower beds and the birds sing more contentedly. Hopefully we have seen the last of our silly snow sessions and can plan to put away the snow shovels.



Stephanie Kinnear
Administrator/ Owner

As well here at Sandfield Place, we are excited for Spring as our residents will be able to get outside once the days get slightly warmer and the sun gathers more strength. I can't wait for the time to change and Spring Ahead.

As always, I caution those of us who are not feeling well to refrain from visiting until you are feeling better. There are many different strains of flu bugs circulating and we would prefer not to make them our friends. Now that Matthew has left for Med school in the hot climate of Australia, Sebastien is your go-to expert for any IPAC questions and immunization. Hit him up for lots of information.

March also brings us one more month closer to the completion of Ted Laurier Place. Walls are up and paint is hitting the walls. HVAC and plumbing are also underway, and it is quite the undertaking and massive amount of wires and pipes, it's been hard to keep up. The exterior siding is half-way on, and it looks stunning! Stay tuned for further updates. This Spring we are also changing out the fire panel located at the nursing desk. With any luck, the disruptions will be minimal but expect to hear the fire bells from time to time while that project is completed.

Cheers and Happy March!!

Stephanie Kinnear, Administrator

Jersey Day!



A NOTE FROM THE FOOD SERVICE SUPERVISOR



Kelly Bailey
F.S.S.

Hello,

It's that time, once again, for me to start preparing our new Spring/ Summer menu. During the month of March, I will be working through this process, which also includes meeting with the residents to get their input. As mentioned before, the Spring Summer menu will include fresh fruits and vegetables when they become in season. Hamburgers and hotdogs will be grilled on the outdoor BBQ as long as the weather cooperates. In addition, the menu will continue to have the residents' favorites, such as spaghetti, chicken wings, pizza, tomato beef casserole, shepherd's pie, and meat loaf. Along with the Spring Summer menu, we will put additional cold plates and / or sandwiches on at supper time, which can help if the weather is particularly hot that day. If all goes well, the new menu should be up and running by Easter, and will go until approximately October. Thanks, and I am looking forward to the nicer weather, which I am sure..... we all are



We have made the decision to halt the sale of food trays to LTC families at meal times. If you do stay during meal time we ask that you bring in your own food and you can eat it in the comfort of your loved one's room. Thank you so much for your cooperation!

FLASHBACK....

February was a month filled with fun!

We had some great entertainers in like Lucien, Norm and Diane, Len Goldfarb and Bruce Elderbroom. The residents always have a toe tapping good time when they are playing!

To celebrate all things cupid we had a beautiful Valentine's Day Wine and Cheese with delicious goodies served up by the activity staff and their students!

In February we went to India during our Arm Chair Travels activity with our student Abey and we tried Goulab a traditional Indian dessert that is sometimes served at weddings. Delicious!

Lunch in is always a hit! The Retirement side ordered from Jack Lee's and Long Term Care had some delicious burgers and pizza from Philo's.

We also had a hockey shootout where everyone was a winner. Finally we wore our pink shirts to remind people to say no to bullying.

We are looking forward to the days ahead and can't wait to get outside in the fresh air. March should bring some fun with St. Patrick's Day fun and lots of entertainment coming in. We have a lot to look forward to!!

Happy March everyone!



Ann Evans
Activity & Volunteer
Coordinator

**FROM THE DESK
OF THE D.O.C.**

Hi everyone!

Warmer weather is on its way! This means it's time to look in your loved one's closet and swap out heavy warmer clothes for lighter more spring type wear. I am hopeful that there will be no more snow storms for this year!

Through the Ministry of Long Term Care (MLTC) our nursing staff has been taking part in the latest dementia care and palliative care projects offered. By doing this we are ensuring that we are keeping up with best practice guidelines set by the MLTC. With this specialized training we will be updating our policies to reflect the shift to continue our focus towards person centered care.

Finally we are looking for feedback with our Quality Improvement Plans. This piece is required by the ministry of health. We look at ways we can improve the care that we deliver; some current QIP's focus on reducing falls, reducing anti-psychotic medications for our residents, reducing emergency room visits and keeping people comfortable in their home. If there is anything you would like to contribute to help with our QIP's, please contact me directly I look forward to hearing your suggestions.

Wishing everyone a great March!

Samantha Below, RN, BScN Director of Care,



Samantha Below
D.O.C



In Memoriam

Aletha Collins -Feb. 1 2025
Erna Andersen -Feb. 5 2025
Therese Morin -Feb. 6, 2025
Harvey Martell-Feb. 11, 2025



We, at Sandfield Place join together to extend our sincere condolences to the family and friends of our departed residents.

Memorial Donations to the Residents' Council of Sandfield Place are accepted and appreciated.

Memorial cards are available at the business office and the activity office. Receipts are issued.



Who was St. Patrick?

- **St. Patrick, the patron saint of Ireland, is one of Christianity's most widely known figures. But for all his celebrity, his life remains somewhat of a mystery.**
- **It is known that St. Patrick was born in Britain to wealthy parents near the end of the fourth century. He is believed to have died on March 17, around 460 A.D.**
- **At the age of sixteen, Patrick was taken prisoner by a group of Irish raiders who were attacking his family's estate. They transported him to Ireland where he spent six years in captivity.**



What kind
of spells do
leprechauns use?
Lucky charms.

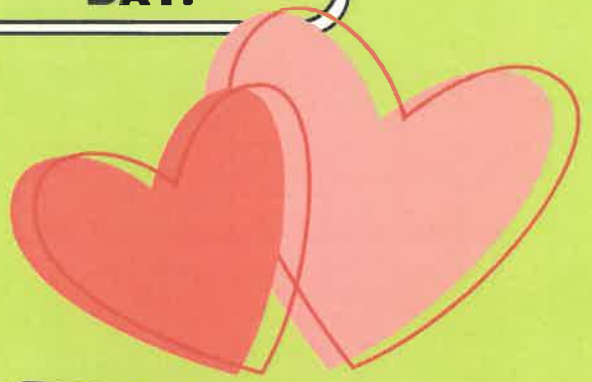


An Irish Prayer

May God give you...
For every storm, a rainbow,
For every tear, a smile,
For every care, a promise,
And a blessing in each trial,
For every problem life sends,
A faithful friend to share,
For every sigh, a sweet song,
And an answer for each prayer.



VALENTINES DAY!



HOCKEY SHOOTOUT!



Vito Zoppas



Myrtle Flegg



Jack Forsyth

St. Patrick's Day Wordsearch

P E F K C O R M A H S D U O D P S T
 O W R R I A E B M S A T D G Q A R P
 X I E D G J Z L S N I M F R O T I O
 X S T D K R E C S G N S W M L R U L
 T H Y S E Q N R H G T E W N S I A E
 S E A N T F I E T A R B E L E C L A
 T S E I F H I E C B R U S U G K H Y
 U O I O X M K H A J K M A C E R N U
 M A R C H F Y A E P O I U K Y S T S
 I W T S L R P B L A R N E Y Q T O H
 R T A E W O X N I R O P A T N O C I
 E I C W C E V R N A M T U E C N I L
 L R G T S E N E M D Y A O N I D O L
 A E I L O D L A R E M E N P D H N E
 N B Y H E N T Y A S C N I L Y A E L
 D L O G E T K D A I R C N L S E U A
 O G T R A I N B O W A S E P V P O G
 U W P E S F C X W E T F E S A L I H
 N B L E L K T J N M D V A Z F M P U
 E R S N U A H C E R P E L V C B N Y

Blarney	Emerald	Lucky	Rainbow
Celebrate	Green	March	Saint
Charm	Gold	Parade	Shamrock
Clover	Ireland	Patrick	Shillelagh
Coins	Leprechaun	Pinch	Wishes

